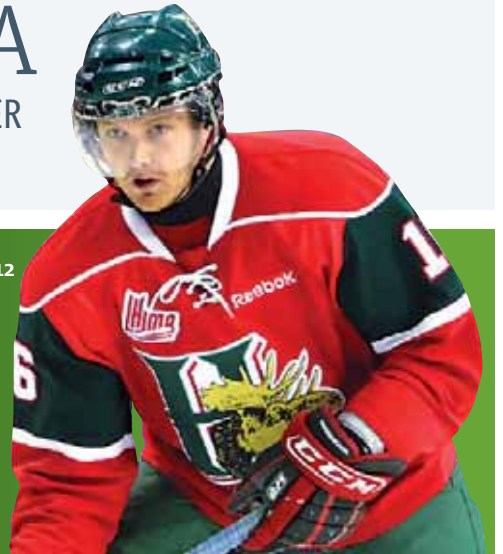


Changing physics forever

Discovery of the 'God particle' gives scientists a better understanding of all matter in the universe PAGE 8

ANOTHER HERD CAPTAIN OFF TO ACADIA

TRAVIS RANDELL WILL BE LATEST LEADER TO PLAY FOR WOLFFVILLE SCHOOL PAGE 21



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Thursday, July 5, 2012



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Joshua Michael Preeper, 20, of Kennetcook, top, and Dustan Joseph Preeper, 24, of Halifax are escorted into Truro provincial court on Wednesday. RYAN TAPLIN/METRO

Brothers face murder raps

Remains found.

Melissa Dawn Peacock's family was told Tuesday about body's discovery



JENNIFER TAPLIN

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Two brothers are charged with killing 20-year-old Melissa Dawn Peacock of Dartmouth.

Three police agencies made the announcement during a press conference in Halifax Wednesday morning, hours before Dustan Joseph Preeper, 24, of Halifax, and Joshua Michael Preeper, 20, of Kennetcook, appeared in a Truro courtroom.

Dustan and Joshua are both charged with first-degree murder, but information obtained in the Peacock investigation led police to charge Dustan with another murder: the 2010 death of Ben Hare, 26, of Truro.

Dustan is charged with second-degree murder in that case. Police charged him with that murder two years

ago, but the Crown attorney dropped the charge.

The two accused were arrested Tuesday afternoon; also that afternoon, human remains were located in a rural property in Upper Stewiacke, said Chief Supt. Brian Brennan of the RCMP.

While identification methods are underway, investigators have a "strong belief" it is Peacock's body, he said.

Police believe the victims didn't know each other, but did know the accused. The only link between the two murders is the fact

they share the same accused. Peacock was last seen in the Sackville-Beaver Bank area on Nov. 7, and cell-phone records show she was in a vehicle heading north on Highway 354 after midnight on Nov. 8. Her last location was in Gore.

Police said the case turned from a missing-person to a criminal investigation in the

Quoted

"What started out as a search for a missing young woman tragically turned into a homicide investigation. Although we're saddened Melissa wasn't found alive, we hope the charges announced today will provide some closure to her family."

Halifax Regional Police Deputy Chief Bill Moore

first few days when investigators learned her last location was Gore.

"During the missing-person investigation, there was found to be some inconsistencies," said Deputy Chief Bill Moore with Halifax Regional Police. "It was determined she may have been a victim of foul play and that was the point when we changed the investigation."

More coverage (page 3)



Melissa Dawn Peacock



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Condolences. Many react online to news of arrests

Dozens posted messages of condolence Wednesday on a Facebook site for Melissa Dawn Peacock that began when she went missing. Here are some responses:

Jewel LeBlanc: I sit here today with my heart heavy. I was hoping for a better outcome. I checked on here every day hoping that there would be some good news for the family. Rest easy sweetie, I hope these men get what they deserve.

Natasha Marie Pyke-Young: I just found out and I can't believe this is happening. I kept holding onto that tiny piece of hope that she was still out there somewhere alive and happy ... rest peacefully Melissa. I will always love you and cherish the memories we've shared.

Ashley Boutilier: The tears won't stop falling. My prayers are with Ruth, James and the rest of the family.

Karen Jij Pierro: This is very sad. I'm praying for the family today. I still remember her as my little Sunday school friend, that always came up and talked to me even tho I was a cranky teenager. :(

METRO

Statement issued

Peacock's mom thanks police

Ruth Slauenwhite, Melissa Dawn Peacock's mother, thanked police in a statement for "bringing to justice those accused in (Melissa's) death."

"While we are still coming to terms with this loss, the support shown by police throughout the investigation has been tremendous," the statement said.

THE CANADIAN PRESS

Reward program led to critical info in Peacock case: Cops

Public tips. Province pays up to \$150,000 for details leading to arrest and conviction



JENNIFER TAPLIN
jennifer.taplin@metronews.ca

For the first time, the province is going to be paying out for crime tips.

Police said it was after Melissa Peacock's case was added to the major-unsolved-crimes reward program that crucial information came in. And through the investigation of Peacock's homicide, police were also able to lay a second-degree murder charge in the case of a Truro man who was killed in 2010.

Dustan Joseph Preeper, 24, and his brother Joshua Michael Preeper, 20, were charged with first-degree murder in the Peacock case on Wednesday and Dustan was charged with second-degree murder in the death of Ben Hare.

"This is a first for our rewards program (which started in 2006). We have never seen information lead to arrests and charges," said Justice Minister Ross Landry at a press conference in Halifax on Friday.

Just how much of the \$150,000 reward will be given out hasn't been determined yet.

"We're quite prepared to pay the full amount; however, there is a process in place that would allow that to be evaluated in its context," Landry said.

With his T-shirt and shorts showing off tattoos running up and down his arms and legs,



Justice Minister Ross Landry speaks about arrests in the murders of Melissa Peacock and Ben Hare at a press conference at the RCMP headquarters on Wednesday. RYAN TAPLIN/METRO

Dustan Preeper was the first to be escorted into Truro Provincial Court Wednesday.

As he was led through a throng of media, he spat at photographers in his last step before entering the court house.

The judge saw the brothers separately as their charges were read in court. Crown Attorney Peter Craig said there is some work to be done to determine the jurisdiction and which courthouse the two murder cases will be heard in.

"One of the possibilities, and we'll sort this out, is the Peacock murder we'll be dealing with in the Windsor Provincial Court potentially, and the Hare murder would be here in Truro, potentially," Craig said.

Joshua Preeper is due back in court on Aug. 1. Dustan Preeper is back before a judge on Sept. 7.

Second case

Woman, 24, arrested in Ben Hare homicide

A 24-year-old woman was arrested without incident outside the Truro provincial courthouse Wednesday morning in connection with the death of Ben Hare.

The woman, who has yet to be identified, was arrested in the parking lot near the back of the Prince Street building. Witnesses to the arrest said they know the female only as "Barbie."

Officers from the Truro Police Service had been looking for the woman since



Ben Hare TRURO DAILY NEWS

earlier in the morning.

"She was a suspect in the Hare homicide from the get-go," said Truro Police Chief Dave MacNeil. "She's still in custody. I don't know how many officers were there (this morning), but it worked out well." TRURO DAILY NEWS

1

NEWS

On the web

No sweat

Whether it's humid conditions or plain old stress, trickles or torrents of sweat will undoubtedly dampen anyone's mood. Now experts are claiming regular Botox injections could bring long-lasting relief to people suffering from excessive perspiration. Go to metronews.ca to read the full story.

Mobile news



The first ever International Panda Awareness Week (known also by the clever acronym PAW) kicks off Thursday in London, England. To see videos of the cutest black-and-white bear on Earth, scan the code.



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Sub-Lt. Jeffrey Paul Delisle arrives at Halifax provincial court on Wednesday. ANDREW VAUGHAN/THE CANADIAN PRESS

Defence gets more time in navy-officer spy case

Disclosure. Lawyer says much of the material released by Crown has been redacted and he might challenge that

The case of a Bedford navy intelligence officer accused of spying has been set over until July 17.

The lawyer for Sub-Lt. Jeffrey Paul Delisle made a brief appearance in provincial court

in Halifax on Wednesday to ask for more time to go over material that had just been disclosed by the Crown.

Mike Taylor said he received a lengthy document last Friday that relates to a search warrant and needed to review it before proceeding with the case.

"I need a chance to look at those and talk to Mr. Delisle about them and decide what we're going to do next," he said outside court.

"I know it's taking a while

and there are a number of agencies that look at it and provide their opinions.... It's just extremely time consuming."

Delisle faces two charges under the Security of Information Act that deal with communicating information that could harm Canada's interests.

He was denied bail in March and has been in custody at the Central Nova Scotia Correctional Facility since his arrest in January.

THE CANADIAN PRESS

'Holding pattern'

- Defence lawyer Mike Taylor said his client is in a "holding pattern" after having the case adjourned numerous times already for disclosure reasons.

- "He's patient and he knows it takes a long time to get to the point where we can make an actual decision," Taylor said.

Crime. Man arrested in early-morning stabbing

A 38-year-old Halifax man remained in police custody late Wednesday after an early-morning stabbing in the city.

Halifax Regional Police say the victim, also a 38-year-old man, was coherent when officers arrived and was taken to hospital with non-life-threatening injuries.

Police responded to a call at around 1 a.m. Wednesday morning, were told a man had fallen from a one-storey balcony at a John Parr Road residence and stabbed himself.

But spokesman Const. Brian Palmeter said as they continued to investigate that

they believe the victim was stabbed by someone known to him after an argument.

"What was reported turned out not to be accurate, so part of what we're trying to determine is what led up to the stabbing," Palmeter said, adding that alcohol is believed to have been a factor in the case.

He also said it's not clear whether the victim jumped or was pushed from the balcony. The victim and the man arrested were known to police. But Palmeter said late Wednesday no charges had been laid. SPENCER BUELL/FOR METRO

Bridge. Rollover leads to six-hour bridge-traffic jam

Traffic on the MacKay Bridge was backed up for nearly six hours Wednesday morning after an accident forced the closure of its Highway 111 entrance in Dartmouth.

The rush-hour congestion spread to the Macdonald Bridge and surrounding roadways as drivers searched for alternate routes into the city, Halifax Harbour Bridges communications manager Alison MacDonald said.

Before the entrance re-

opened around 11 a.m., there were reports of cars lined up as far back as Mic Mac Mall.

Police continue investigations into the single-vehicle crash that occurred near the Victoria Road overpass just before 5 a.m.

A 54-year-old woman was ejected from the vehicle as it flipped onto its roof, while a 56-year-old man remained inside. Both sustained serious, but non-life-threatening injuries. SPENCER BUELL/FOR METRO

Cape Breton

Man allegedly steals van, sets off chase

Police in Cape Breton say a 20-year-old man is facing a number of criminal charges after allegedly stealing a van and setting off a chase.

Police say they received a

report Wednesday of a white van travelling at high speed in Sydney that they tried to stop, but it continued onto the Eskasoni Highway. Police eventually stopped the van after setting up a spike belt and roadblock.

The man's charges include theft of a vehicle and evading police. THE CANADIAN PRESS

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Power outage at IWK Health Centre forces cancellations

Nearly six-hour outage. But emergency care not interrupted, hospital said

SPENCER
BUELL

halifax@metronews.ca

The IWK Health Centre relied on backup generators for much of Wednesday after a nearly six-hour power outage, forcing cancellations of all non-urgent appointments and 19 elective surgeries at the facility.

The hospital had been accepting only patients requiring urgent care throughout the day, and had asked potential visitors to delay their trips to avoid using power on elevators.

"We're pooling our resources to make sure that the sickest people are receiving care," said IWK spokesperson Nick Cox during the outage on Wednesday.

Nova Scotia Power restored power late Wednesday after identifying a faulty underground cable, said utility spokesperson Neera

Safety precaution

- An additional backup generator has been brought to the site as a safety precaution.

Ritcey, and according to a IWK release, the facility has resumed normal clinic and ambulatory operations.

The IWK announced late Wednesday that it is continuing to postpone all elective surgeries, though, until hospital staff can confirm that its equipment is stable.

Those who needed immediate attention throughout the day Wednesday received it virtually uninterrupted after the switch to generators at around 10:40 a.m., Cox said, adding that most in the hospital didn't realize that power had been lost.

"If you were here at the health centre right now, walking through the halls, you wouldn't notice," Cox said.

Ritcey attributed the delay in restoring power to the difficulty in getting at the faulty cable buried underground.

Kidnapped two women. Yarmouth man not opposed to receiving dangerous-offender status, says lawyer

The lawyer for a Nova Scotia man who kidnapped and sexually assaulted two women earlier this year says his client is not opposed to being declared a dangerous offender.

Ken Greer, who represents Gordon Frank Nickerson of Yarmouth, said outside Kentville provincial court Wednesday that his client wants to get on with the legal process and learn from his mistakes.

"His view has not been, 'Get me the shortest sentence,'" Greer told reporters Wednesday after a court hearing. "In fact, it's been the opposite. He's been saying, 'I want to move this matter forward. I want the victims to understand that I am remorseful, that I will be spending a long time in jail.'"

Nickerson was ordered to undergo a 60-day dangerous-offender assessment on April

Court appearance

- Gordon Frank Nickerson, 35, appeared calm and remained silent during his brief court appearance on Wednesday.

30, but the deadline passed last week. During the court hearing, Greer told provincial court judge Alan Tufts that

even though staff at the East Coast Forensic Hospital had been asked to conduct the assessment, no one from the facility had talked to his client during the 60-day period.

Greer said the dangerous-offender process had been annulled by the blown deadline, but Tufts noted that under the law the hospital has 30 days to file its assessment and that deadline isn't until July 27. **THE CANADIAN PRESS**

Painful mistake. Court awards woman \$9,000 for misspelled tattoo

It's a case of a tattoo gone wrong and the value of spell-check.

Marie Huckle of Halifax went into Newcombe's Ink in December 2010 for a tattoo in memory of a friend who had recently died. She asked for the words "See You at the Crossroads."

Instead she got "See You at the Cossroads" affixed to the side of her abdomen.

She got home, noticed the error and called the parlour. The owner and co-defendant, Adam Spencer, offered a refund right away and to pay for removal when Huckle decided she didn't want them to attempt to fix the error.

He put her in touch with a laser technician who specializes in tattoo removals. The removal process is painful and time-consuming. The tattoo is essentially burned off by laser and only small areas can be worked on at a time.

Huckle had eight sessions paid for by Spencer. She

Damages

- Her award includes \$6,000 for 15 more sessions, \$2,300 for supplies to tend the bandaged treatment area, \$184 for gas, \$100 in general damages, a filing fee of \$182.94 and a bailiff's fee of \$225.

needs about 15 more, according to the technician. She sued the parlour in small-claims court for the remaining costs.

The adjudicator, Eric K. Slone, blamed the error on the tattoo artist, Helena Pelletier.

It isn't clear in the decision why Huckle decided to bring the matter to small-claims court as Spencer was paying for her sessions, but in the end she was awarded \$8,991.94 in damages.

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Antiques appraisal returns at gallery

Treasure hunt. Who knows? That old painting in the attic could be a Picasso

KATE HOWELL
halifax@metronews.ca

Dust off your antiques. Those family heirlooms or hidden gems found at yard sales might be worth more than you think.

For the second year in a row, Bonhams, the renowned fine-art and antiques auctioneers, and the Art Gallery of Nova Scotia, are hosting an antiques appraisal.

"We're hoping to see long lineups and interesting packages," said Perry Tung, the Canadian and European art appraiser for the event on July 21 and 22 at the Halifax gallery. "It's always fun to unwrap those packages."

Owners will meet one-on-one with an appraiser according to their item. While the specialists can help determine the history behind the artist or artifact and its worth, owners can provide

Reserve your spot

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the personal stories behind them.

Tung recalls seeing many Maritime artifacts at last year's appraisal, notably a piece of scrimshaw. Engraved in the whale tooth was a ship with an American flag.

The gallery hopes residents will get involved.

"People forget what they have in their hands," said Shannon Parker, curator of collections for the gallery.

Parker speaks from experience, having brought in jewelry she inherited from her family at the last appraisal.

"It was interesting to see the process and get that extra bit of information," she said.



There's no surer sign of summer than the annual tattoo

Music swelled through sunny downtown Halifax during the Wednesday lunch hour as Band of America's Few performed in Grand Parade to help celebrate the Fourth of July south of the border. The U.S. band is in town performing in the Royal Nova Scotia International Tattoo, which runs through Sunday at the Halifax Metro Centre. KATE HOWELL/FOR METRO

Halifax studio teaming with Henson on new kids' show

Halifax-based DHX Media and the Jim Henson Company will be co-producing a new TV show titled The Doozers.

The 26-episode series, aimed at preschoolers, will be created entirely in Halifax.

"We've largely done CBC shows in the Halifax studio,

so this is a significant ramping up," said David Regan, executive vice-president of DHX Media.

The show's name may sound familiar to those who watched Henson's Fraggle Rock from the mid-1980s. Doozers were small green construction workers in the fictional city.

DHX Media is hiring new animators and expects to double the size of its staff. Regan said the show is a great opportunity for the city.

"Halifax is definitely a creative city and we need that creative flair to bring these characters to life," he said. KATE HOWELL/FOR METRO

Stay tuned

- More details on The Doozers will come to light in October when the Jim Henson Company plans to announce the project at the MIPCOM television conference.

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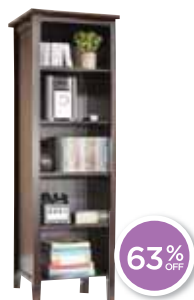


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Scientists' 'Eureka moment': God particle exists, they say

Cheers, ovations. Crowd hails the discovery of a 'cornerstone' but is it the real secret of the universe?

The God particle lives! Well, they're pretty sure it does.

To cheers and standing ovations, scientists at the world's biggest atom smasher in Switzerland claimed the discovery of a new subatomic particle Wednesday.

They called it "consistent" with the long-sought Higgs boson — popularly known as the God particle — that helps explain what gives all matter in the universe size and shape.

"We have now found the missing cornerstone of particle physics," Rolf Heuer, director of the European Centre for Nuclear Research (CERN), told scientists.

"As a layman, I think we did it," he told the elated crowd.

But he also declared: "As a



Peter Higgs — of the Higgs boson or God particle — is the British physicist who predicted it in the 1960s. He told the Switzerland audience Wednesday that the new discovery appears close to what he foresaw.

DENIS BALIBOUSE/THE ASSOCIATED PRESS

scientist, I have to say, 'What do we have?'"

He added: "We have a discovery. We have observed a new particle that is consistent with a Higgs boson."

The Higgs boson, which until now has been a theor-

etical particle, is seen as the key to understanding why matter has mass, which combines with gravity to give an object weight.

The idea is much like gravity and Isaac Newton's discovery of it: Gravity was there

all the time before Newton explained it.

But now scientists have seen something very much like the Higgs boson and can put that knowledge to further use.

CERN's atom smasher, the

Theory

1960s

Scientists have long puzzled over how the minute building blocks of the universe acquire mass. Without mass, particles wouldn't hold together and there would be no matter. A theory proposed by British physicist Peter Higgs and teams in Belgium and the U.S. in the 1960s is that a new particle must be creating a "sticky" field that acts as a drag on other particles.

History

WWW

The massive scientific effort that led to the discovery of what is thought to be the God particle has also paid off in other ways — one of which was the creation of the World Wide Web. Scientists developed the web to make it easier to exchange information among each other.

Cash

\$10B

The Large Hadron Collider — the atom smasher at the European Centre for Nuclear Research — alone cost some \$10 billion to build and run. This includes the salaries of thousands of scientists and support staff around the world who collaborated on the experiments that had but one target: Expose the mysterious God particle.

Target

96%

"This is just the beginning," says James Gillies, a spokesperson for the European Centre for Nuclear Research. Scientists also have another ambitious target: They also hope to understand the 96 per cent of the universe that remains hidden from view.

#That's Patch!

Twitter catches up with the dog that took a day trip to Dublin

When Patch hopped aboard the morning train to Dublin, the power of Twitter reunited the dog with his owner.

Irish Rail sent a "Lost dog!" tweet with a photo attachment after the Jack Russell terrier arrived with Wednesday morning commuters on a train from neighbouring Kilcock.

By all accounts, the friendly dog had spent his hourlong journey being petted vigorously.

After more than 500 retweets in just 32 minutes, the photo found Patch's owner, Deirdre Anglin, who tweeted the state railway: "That's my dog!"

Anglin and Irish Rail posted a series of photos documenting her reunion with Patch, their return train trip, and car journey home.

She said fellow train travellers kept asking her: "Is that the dog from Twitter?" **THE ASSOCIATED PRESS**

Hawking hacked! Tiny scanner will tell the world the secrets of the celebrated scientist's brain

What is Stephen Hawking thinking?

Maybe we'll soon know.

An international conference organized by the Canadian creator of the iBrain on Saturday will reveal the celebrated physicist's thoughts, it's claimed.

"We will present the data we were able to generate from Stephen Hawking" NeuroVigil founder Dr. Philip Low said.

That data was collected

last summer by attaching Hawking to the iBrain, the world's smallest portable brain scanner.

Hawking, who is also a participant in the July 7 conference, is immobilized with the motor neuron disease amyotrophic lateral sclerosis.

Besides being able to hack Hawking's brain, the iBrain has the potential to monitor sleep disorders, autism and depres-

sion, Low said.

For the 70-year-old Hawking, whose ability to communicate via machine is deteriorating, it could mean the last stage: "Unlocking a locked Stephen Hawking," Low said.

The conference in Cambridge, England, to be live-streamed on conference.org, will gather more than a dozen neuroscientists to study consciousness in humans and animals. **TORSTAR NEWS SERVICE**



Physicist and best-selling author Stephen Hawking.

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Go Further

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Body part found in park belongs to Lin: Police

Magnotta case.

Forensic evidence confirms that head belongs to victim of gruesome slaying

Police confirmed Wednesday that a human body part found in a Montreal park is indeed the missing head of Jun Lin, a major break in his murder case that will help bring some closure to his family.

Lin, 33, was killed and his body was dismembered in late May in a particularly gruesome slaying that made international headlines.

The rest of the computer science student's body had been found except for his head — and Montreal police had repeatedly declared its recovery a priority.



Jun Lin is shown in this undated photo from Facebook. HANDOUT

A spokesman for the force said detectives were notified of the match Wednesday following a laboratory analysis, which confirmed that a body part uncovered in Montreal's Angrignon Park on Sunday

was Lin's head.

"All of the body parts have been found," Const. Raphael Bergeron said.

Bergeron said the Chinese national's family was informed of the development.

With the help of sniffer dogs, officers found the head on the edge of a pond in the sprawling, west-end park.

Police have indicated they were acting on a tip, but they have declined to reveal the source of the information.

Lin's torso was found locked in a suitcase a few days after his death, while other body parts were mailed to offices of political parties and to two Vancouver schools.

Luka Rocco Magnotta, a former stripper and porn actor, has pleaded not guilty to a charge of first-degree murder in the killing and will appear in court next year.

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'Phablets' the next tech trend?

Mobile. Latest device aims to bridge gap between tablets and smartphones

Take one part smartphone and one part tablet and what have you got? Phablets, a newer breed of mobile device that's expected to compete with the smaller-sized tablets now flooding

the market.

Phablets aren't going to kill tablets or smartphones but they will be a viable niche product, said Sascha Segan, lead mobile analyst for PC Magazine.

There's only one major phablet currently available, the Samsung Galaxy Note with its 13.5-centimetre touchscreen. It looks huge beside the 8.9-centimetre iPhone but is considerably smaller than 17.8-centimetre

tablets like Research In Motion's BlackBerry PlayBook and the 24.6-centimetre iPad. LG has also revealed plans to release a phablet, the Optimus Vu.

"Most phablets look like you are holding a slice of bread up to your head, or some other similarly awkward object," Segan said from New York.

But as consumers make fewer phone calls, size isn't expected to matter.

Hybrid device

"They'll start dropping their smartphones and pick up these phablets."

Sascha Segan, lead mobile analyst, PC Magazine

Tech trends firm ABI Research predicts more than 208 million of these hybrid devices will be shipped by 2015. **THE ASSOCIATED PRESS**



Spraying scorn on the banks

Protesters spray champagne as they demonstrate against what they describe as a "close relationship between bankers and politicians" outside Portcullis House in London on Wednesday, as former Barclays Bank chief executive Bob Diamond gives evidence to the British Treasury select committee. Diamond acknowledged on Wednesday that there had been "mistakes" and "reprehensible" behaviour at the bank as he appeared before British lawmakers. **CARL COURT/GETTY IMAGES**



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Food trend. Greek yogurt a best-seller in Canada

As Greece sinks deeper into financial crisis, a humble staple of the Greek diet has become a billion-dollar business in North America.

Greek yogurt is flying off supermarket shelves in Canada after conquering the U.S. market. The high-protein content, natural ingredients and creamy taste have made it a hit with consumers in a health-conscious culture.

Canadian producers have doubled and tripled facilities to meet increasing demand and grocery retailers have experienced temporary shortages, leaving consumers scrambling for the latest holy grail of a healthy diet.

Chobani, the American company founded by an immigrant Turk that made Greek yogurt a phenomenon in the U.S., has entered the Canadian market with Loblaw's and plans to go national in the fall. Existing



Greek yogurt is flying off the shelves at grocery stores across Canada. **PAWEL DWULIT/TORONTO STAR**

yogurt manufacturers have jumped on the bandwagon, debuting new lines of Greek yogurt products to compete.

"I can't remember the last time I've seen anything this strong. It's been explosive in growth, unbelievable," said Carlo Noce, category manager, for dairy at Longo's.

Sales have tripled and quadrupled in some locations, he said.

TORSTAR NEWS SERVICE

Market Minute



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Travellers' rights

EU launches free app for passengers

The European Union has launched a free smartphone app that allows air and rail passengers stranded in the EU due to cancellations or delays to check on their legal rights. **THE ASSOCIATED PRESS**

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SUMMER TIME IS NOT NECESSARILY FUNNER TIME



HE SAYS...
John Mazerolle
metronews.ca/hesays

Hey, remember when summer weather was something to look forward to?
That was a real nice season we had once.

But now, with soaring temperatures, stifling humidity and more frequent disasters, summer feels vaguely threatening — like a guy who smiles too widely all the time.

Recognizing that extreme weather is still dangerous regardless of the season is only common sense, which makes it impossible for most people.

That's why there can be an extreme-heat alert, a smog advisory, a tornado watch, a skin-pustule warning and a forecast of partly locust-y, and there'll still be some guy on the TV news having a beer on a patio and gushing about the "awesome" weather. If there was a flood he'd talk about how he loves to swim as he floated away on his chair.

Fortunately for you, this column recognizes the dangers and has a few tips to keep the dog days from biting.

As you enjoy this season

"Don't say, 'Hot enough for you?!' This will cause people to punch you in the nose, and they'll be right to do it."

DO drink from a canteen, so that when it's empty you can melodramatically turn it upside down and shake it.
DON'T use a hand fan, unless you're a fading southern belle and can say things like "I do declare — it's hot enough to parboil an egg in my cleavage" without sounding silly.

DO check in on elderly or sick neighbours, so you can get first dibs on their stuff.

DON'T say, "Hot enough for you?!" This will cause people to punch you in the nose, and they'll be right to do it.

DO drink eight glasses of water a day. It's a totally made-up number with no scientific foundation, but people my age have been spouting it our whole lives, so just do it or we'll feel stupid, all right?

DON'T jump headfirst into an oasis, no matter how dehydrated you are. It's usually a mirage. Telltale signs include palm trees growing in Canada and hammocks strung up in major cities. If you're still not sure, toss a co-worker.

DO leave animals in your car, but only if you intend to eat them later. Free-Range Rover is delicious.

DON'T leave behind Conservatives, even if the window is open a crack. When you return, you may find them sweaty and confused, frothing at the mouth and ranting that climate change is a myth. This is normal. If a Conservative says anything logical, call 911 immediately.

Those are the keys to a safe summer, so long as you also avoid gas barbecues, choking hazards, major highways, dying birds, disease-carrying mosquitos and cancerous sunshine.

Remember that if you see any TV reports that show an entire week without any kind of death, disease or disaster, it's probably a mirage. And, above all, have a good time.



Summer is here, that means rule No. 1 is to be extra cautious while having fun — danger looms behind every corner. GETTY IMAGES

Black Widow conquers 45 hot dogs



MARIO TAMA/GETTY IMAGES

10 minutes to gold

Noted noshers hold their titles

Five-time hotdog-eating world champion Joey Chesnut, left, and women's world record holder Sonya Thomas "stare down" at the Nathan's Famous Fourth of July International Hot Dog Eating Contest ceremony.

Thomas, of Alexandria, Va., beat her own record by gobbling down 45 hot dogs and buns in 10 minutes Wednesday to win the women's competition at the annual Coney Island contest. GETTY IMAGES

Previous record

41

The petite Thomas, who goes by Black Widow, won \$10,000 US. The previous women's world record was 41 dogs and buns in 10 minutes.

Contest tradition

Dog-eat-dog world

Joey Chesnut ate his way to a sixth straight win, tying his personal best in a sweaty, gag-inducing spectacle.

The 28-year-old San Jose, Calif., man nicknamed Jaws scarfed down 68 hot dogs in 10 minutes in the sweltering summer heat to take home \$10,000 US and the mustard-yellow belt. He bested his main rival by 16 dogs. The Nathan's Famous Fourth of July International Hot Dog Eating Contest has been a city tradition for 97 years.

THE ASSOCIATED PRESS

After it all went down

"I feel good, it was a great win.... I tried my best. I'm looking forward to next year already."

Joey Chesnut, after the contest, adding he wished he could have eaten a record number of hotdogs for the audience.



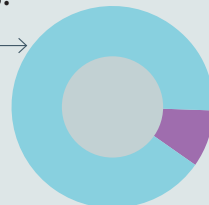
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Twitter

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Strolling around sunny #Halifax, camera in hand. Throw a beer in to the mix and I'm a happy camper.

@RentDonkey:

Feels like 28 degrees in #Halifax... raise your hand if you have A/C. But maybe not too high ;)

@ceymonefindlay:

Finally a beautiful day in halifax that hasn't been ruined by a sud-

den thunder storm #abouttime

@maxgarethpurnell:

I bet I'm the only person in #Halifax wearing a shaq jersey right now, if u see me say hi I'm 6'3 u can't miss me #swagwalking

@podBROski:

The year-after-year success of the #Royal #Nova #Scotia #international #tattoo in #halifax blows my mind. What a well-organized event!!



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Jazz man rages against the modern music machine

Halifax Jazz Festival.

Junior Watson, considered one of the most influential jazz guitarists of his time, brings unique twist to sounds of swing era



BACKSTAGE PASS
Jenna Conter
halifax@metronews.ca

Can you imagine walking into a downtown Halifax venue and instead of the Bieber-Beyonce-Brown-esque music that will unfortunately define our generation, you had a 20-piece brass band filled with actual musicians?

Sadly, blues guitarist Junior Watson informs me that this bygone era is not likely to return.

"Most people aren't musicians these days, they are just bad copycats," he says.

"There is no concept to band music, just clever marketing."

Pinpointing examples of the thousands of Stevie Ray Vaughan wannabes he's had the displeasure of watching rise and fall, Watson says that the appeal of questionable fashion choices and the ever-present wall of sound is lost on him.

"People like extremes to this day — they like the clothes, playing loud, and the whole show of it. I just don't get it."

Quoted

"There's no concept to band music, just clever marketing."

Junior Watson

Online

- Visit halifaxjazzfestival.ca for complete details for the popular festival that runs July 6 to 14.

Watson is considered one of the most influential jazz and blues guitarists of his generation, with nearly 30 years on his fingers.

The American has also shared the stage with legends like Lowell Fulson and Big Mama Thornton.

"Being in a band at that time I got firsthand lessons — just being a part of that whole thing — I learned so much."

Watson, who plays the main festival tent this Saturday for the 26th Halifax Jazz Festival, famously revitalizes the sounds of the swing era and makes it more approachable for today's music audiences.

"I adapted the '40s swing (music) for a modern audience by trying to figure out what they were doing, twist it a bit, and make it my own," he said.

While hopeful that the subtle reemergence of traditional big band that is making its way quietly through Europe will cross the pond, Watson says nothing can replace the original.

"Those guys were the best and it's only gotten worse. They were all amazing — bass, guitar, drums — they were superior musicians. You can't make it better than that."



American jazz legend Junior Watson is bringing his talents to the Atlantic Jazz Festival this weekend. CONTRIBUTED

2

SCENE

Scene in brief

Hudson's TV role a segue to Broadway?

After winning an Academy Award and a Grammy, Jennifer Hudson is taking a roundabout route to give theatre a try. She'll appear on the second season of the television musical drama series *Smash* in a multi-episode arc as a Broadway star named Veronica Moore. On *Smash*, Hudson will join fellow American Idol alum Katharine McPhee, who's one of the show's main characters. "It's just the perfect opportunity," Hudson, a fan of the NBC show, said in a recent interview. She also admitted the show may be a way for her to ease into an appearance on Broadway.

THE ASSOCIATED PRESS

On the web



Amazing Spider-Man snares \$7.5M in midnight screenings ahead of Fourth of July

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Third time a charm for Kitsch?

Savages. Oliver Stone drug flick allows actor redemption shot after back-to-back flops

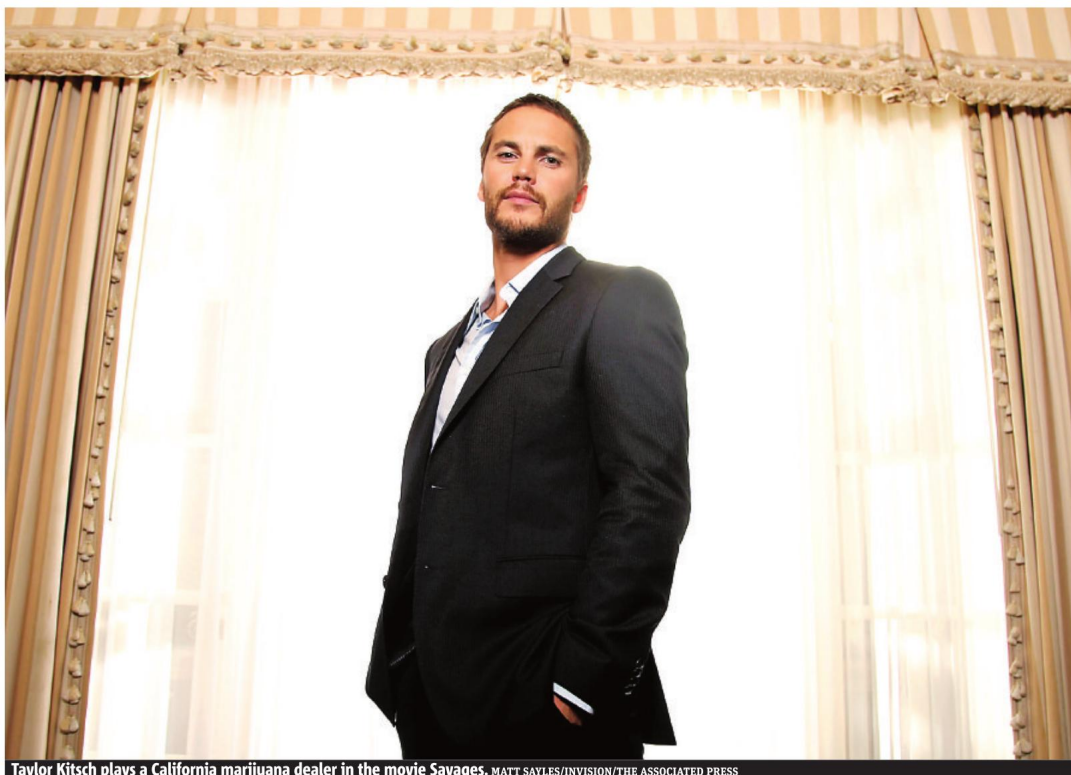
Taylor Kitsch struck out twice this year in the failed films John Carter and Battleship, spoiling the Friday Night Lights actor's hopes to leap from TV to big-screen star.

Now, Kitsch has a third time at bat with Oliver Stone's drug-war thriller *Savages*, opening Friday.

While the actor regrets the two previous movies flopped, he's actually a bit relieved that he can take jobs as they come without having to work around sequel schedules had those films developed into franchises.

"Maybe it's a blessing in disguise that it died, and I'm not tied to these things for the next 10 years," said Kitsch, 31. "I'm free to do whatever I want now. If I want to do something in January, February, March, April, I don't have to go through two studios to be green-lit."

Still, Kitsch started the year with the prospect of two studio blockbusters that



Taylor Kitsch plays a California marijuana dealer in the movie *Savages*. MATT SAYLES/INVISION/THE ASSOCIATED PRESS

could have given him steady work for years to come in the continuing adventures of Edgar Rice Burroughs' Mars hero Carter and in more tales inspired by the board game Battleship.

With a bloated budget and fan indifference that resulted in feeble domestic box office of just \$73 million, John Carter inflicted a \$200 million loss on distributor Disney and helped precipitate the departure of the studio's chairman, Rich Ross.

Universal's Battleship did

fair business overseas ahead of its domestic debut, but it floundered at U.S. theatres in the wake of the blockbuster receipts hauled in by *The Avengers*.

Yet Kitsch doesn't regard the films as wasted efforts. "I feel I grew an immense amount as an actor. On so many levels, it tested me. I wouldn't change a thing. I wouldn't take any of those choices back," Kitsch said.

"I love what I'm doing. I've started to get excited again, and I think, obviously, it was

Canada's own

- Kitsch grew up in British Columbia and got his start in Hollywood in such movies as *Snakes on a Plane* and *John Tucker Must Die* before landing a starring role on *Friday Night Lights*.

hard on me that they didn't work. You have bosses, we all have bosses, you want to do well for them. But I gave everything I had."

That dedicated work wasn't lost on Stone, who had seen Kitsch on *Friday Night Lights* and cast him in *Savages* after catching an early cut of Battleship.

Adapted from the novel

by Don Winslow, *Savages* features Kitsch as a take-no-prisoners U.S. veteran of the war on terror, who partners with his best pal (Aaron Johnson) to run a Southern California marijuana business growing and selling the world's finest weed.

Kitsch and Johnson's characters are hurled into a bloody battle with a Mexican drug cartel in *Savages*, whose cast includes Blake Lively, John Travolta, Salma Hayek and Benicio Del Toro.

"He was very masculine, a very strong and attractive guy but seemed like a solid guy, a guy who could be an ex-Afghani, Iraqi war veteran who would back his man to the end and bring his team out with him," Stone said of Kitsch. **THE ASSOCIATED PRESS**

Documentary

Katy Perry: Part of Me

Director. Dan Cutforth, Jane Lipsitz

Stars. Katy Perry, Shannon Woodward, Lucas Kerr

This new documentary shows Katy Perry's genuine affection for her followers, so it is no surprise that *Part of Me* is geared toward pleasing her Katy-cats. Intercut with lively performances from the wildly successful Teenage Dreams tour are musical numbers galore, visits with her slightly grumpy grandmother and interviews with her staff and friends. It's only when the tour nears its end and Perry's marriage is in tatters that the movie reveals something other than a carefully manicured picture of the star.

RICHARD CROUSE

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Heidi Klum ALL PHOTOS GETTY IMAGES

Heidi Klum remains sour on marriage

"I don't know if I'll get married again," Heidi Klum, model and host of Project Runway, tells newspaper Bild am Sonntag.

After seven years of marriage, she separated from husband/singer Seal earlier this year.

"Although I really enjoyed being married. I'm a dreamer. I loved our annual fairy tale weddings that were our big family

parties. But sadly, it somehow didn't work out."

That said, she remained optimistic about the future, even if it doesn't involve a partner.

"I think everyone should work on their dreams," she told the paper. "I try to. I look into the future, concentrate on my family and I have to say that I'm happy. There are worse things in life than a separation."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Frank attracts an Ocean of attention by coming out

SAM CASTONE
Metro World News

A few days after newscaster Anderson Cooper revealed he was gay, an entertainer from an entirely different spectrum also shared something about his sexuality... with potentially groundbreaking results.

"Four summers ago, I met somebody. I was 19 years old. He was too," wrote singer and songwriter Frank Ocean, a member of hip-hop collective Odd Future, on his Tumblr page.

"We spent that summer, and the summer after, together. Everyday almost. And on the days we were together, time would glide. Most of the day I'd see him, and his smile. Sleep I would often share with him. By the time I realized I was in love, it was malignant. It was hopeless. There was no escaping, no negotiating to the women I had been with, the ones I cared for and thought I was in love

with."

He goes on, leaving the reader to guess he is either gay or bisexual.

In the hip-hop world, being openly gay is uncommon, and Ocean is the most high-profile urban artist to ever publicly address being with a man. In fact, one of Ocean's collaborators, Tyler, the Creator, has been accused of being homophobic.

About Ocean, Tyler tweeted: "My Big Brother Finally Fucking Did That. Proud Of That Nigga Cause I Know That Shit Is Difficult Or Whatever. Anyway. I'm A Toilet."

Hip-hop legend Russell Simmons wrote on his own blog congratulating Ocean.

"Today is a big day for hip-hop. It is a day that will define who we really are. How compassionate will we be? How loving can we be? How inclusive are we? I am profoundly moved by the courage and honesty of Frank Ocean..."

Ocean has written songs for Justin Bieber, John Legend and Beyoncé, and appeared with Jay-Z and Kanye West on Watch the Throne.

His new album, Channel Orange, debuts July 17.



Brad Pitt

Move over Brad, Doug Pitt has arrived

Brad Pitt once starred in a Super Bowl Heineken commercial, and has made more than 30 ads in Japan alone (for Edwin jeans and other products).

But he better watch out, because his brother, Doug, just scored an ad with worldwide buzz. Appearing

in an Australian commercial for Virgin Mobile, Doug (Brad's real bro) is seen as a boring suburban guy wearing khakis, taking an inordinate amount of pleasure from mowing the lawn, cooking and doing other household chores. The gag is that he's the anti-Brad.

Twitter



@iamrashidajones

Celebrating July 4th in London is a little like baking yourself a birthday cake and then eating it alone in a dark closet. #IMissFireworks



@AlbertBrooks

BREAKING NEWS: There is a God.....particle.



@Tyrese

Acting Advice:: The day you STOP caring about how fly and sexy you are you might have a real shot at being an actress or actor...



@JerrySeinfeld

The reason every "Seinfeld" character greeted with "Hey,(name)" was secret tribute to #andygriffith-show #true #andyandbarn4ever

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LIFE

Fashion Flash

Bottling Bon Jovi: Avon picks rocker as newest perfume partner

Jon Bon Jovi is going Unplugged in a bottle. Avon Products Inc. announced Monday that the 50-year-old rock star is the company's newest celebrity fragrance partner. He'll appear in ads for both Unplugged for Her and Unplugged for Him. The company said the inspiration for both scents is the unique feeling one has listening to a favourite song. The goal is "an emotional connection." The women's version, which will be available through Avon representatives and online in October, is a floral oriental perfume, and the men's is a woody floral musk fragrance. It will go on sale in November. Both Avon and Bon Jovi said admiration for each other's involvement in philanthropy largely drew them together as partners.

THE ASSOCIATED PRESS

On the Web



Designer presses the limits of patience: 60 hours of fashion in Band of Outsiders' Paris show

Soak up some sun

Summer. Mott 50 is the fashionable solution to sun safety, and co-founder Anne Botica Reilly explains why their label is set to shine

RICHARD PECKETT
life@metronews.ca

Safety has never been a sexy subject. It's always been a difficult sell, especially for fashion brands.

Ironically, it's a world that attracted Monique Moore and Anne Botica Reilly to launch their sun-protective label Mott 50 (mott50.com).

The brand is named after their old apartment's street (Mott Street, New York City) where the concept came to fruition in March 2011.

Moore and Reilly intended to take full advantage of the

female shift in attitude towards tanning and skin preservation.

Reilly explains, "I have a history of skin cancer in my family, so I have seen the direct effects — my aunt passed away and my mother is currently affected."

However, despite advances in skin care, the reality is that skin cancer among young people is on the rise. The World Health Organisation states that every year 132,000 melanoma skin cancers and two to three million non-melanoma skin cancers occur globally and this is set to rise. This can be attributed to the depletion of the ozone; however, that doesn't free us from our responsibility for self-preservation.

Luckily, UPF (ultraviolet protection factor) clothing doesn't have to resemble a poncho or be as coarse as a hair shirt.

"We could see that a lot of the stuff was not that desirable for women to wear — it's uncomfortable on the skin," Reilly adds, "We have customers who like the fabric and the way that it looks — the added value is the UPF50 element." The failing of many other UPF labels is that they allow the safety aspect to dominate the aesthetic at the expense of the look.

Reilly admits, "It isn't a high-end fashion brand at all but we do try to play on the trends." Currently, Mott 50 offers wardrobe staples such as cardigans, crewnecks, henleys, tunics, shifts, maxi dresses and short and long-sleeved shirts for guys. "We look to the designers like Ralph Lauren, Burberry Prorsum and Thakoon, so we do try to make our label a little more funky," says Reilly. The biggest challenge for the design duo is sourcing fabrics. At the mo-



Mott 50 tunic MOTT 50

ment they use materials such as cotton poplin and bamboo spandex but they're working on expanding their remit.

The way that the process works is that clothing manufacturers pour in a blend that closes the porosity of the fabric to prevent harmful UV penetrating the skin. Alarming, "the average white T-shirt only has a UPF of five," says the Chicago native. Shocking, but does such a limited collection have any real future, given the amount of skin sun-care products now available? Reilly certainly believes so.

"Advances in sun care actually helps our business. It raises awareness for our products and stresses the need for labels like ours."

As well as being stocked in stores such as Neapolitan, New York, the girls plan to increase their men's wear line next season and are hoping to launch a children's wear collection next summer, which Reilly describes as "a huge market."



Insert your face above MOTT 50



Anne Botica Reilly, left, and Monique Moore MOTT 50



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Fierce frames

This summer is all about ramping up the eye candy. We check out some of the hottest sunnies out there.

RICHARD PECKETT
life@metronews.ca



Topshop

'90s metal insert sunglasses, \$21, topshop.com

Yves Saint Laurent

Cat eye acetate sunglasses, net-a-porter.com



Stella McCartney

Teardrop sunglasses, \$225, shopbop.com

ASOS

Bridge Detail Cats Eye Sunglasses, \$20, asos.com



Framed to perfection

Here's our definitive guide to picking the right frames for your face.



OVAL FACE

Your face looks good in any style, so try anything from rectangular to cat's eyes styles.



ROUND FACE

Contrast your circular face with rectangular or square frames.



HEART-SHAPED FACE

Make the most of your bone structure with an Aviator-style or oval sunnies.



NARROW FACE

Chiseled cheekbones, a narrow jaw and a wide forehead? Look to oval-shaped or round styles.



LONG, THIN FACE

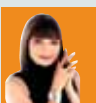
Like with an oval face, you look good in any style, so try anything from rectangular to cat's eyes styles.



SQUARE FACE

Use your strong jaw and wide cheekbones to your advantage with round, oval or cat's eyes frames.

Twitter



JEANNE SPACE
Jeanne Beker
life@metronews.ca

@Jeanne_Beker: Off to Paris tonight for some hits of couture and a big 'Cinderella slipper' reveal by Christian Louboutin @LouboutinWorld



@Jeanne_Beker: Our beautiful Jessica Stam outside @MaisonValentino This time, she just came to watch, + loved it!



@Jeanne_Beker: Gold embroidered jumpsuit with mink trim collar, @MaisonValentino



@Jeanne_Beker: Glitter takes austerity of the dark navy mood to a whole new level of modern glam @MaisonValentino



@Jeanne_Beker: Someone asked to see heels I've been stumbling around in all day. Now finally off in back of a cab!

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Watermelon goes beyond dessert while duck takes over for chicken

1. Glaze: In a blender, purée the watermelon flesh until smooth. Set aside. In a small, heavy-bottomed saucepan over medium, heat the apple jelly, stirring constantly, until it is melted. Add the watermelon juice and stir to combine. Stir in the lime zest and juice, red pepper flakes, jalapeno hot sauce and salt. Mix and taste, adjusting the seasoning if desired.

Ingredients

Spicy Watermelon Glaze:

- 1 cup seedless watermelon flesh
- 1/2 cup apple jelly
- Zest and juice of 1/2 lime
- 1 tsp red pepper flakes
- 1/2 tsp jalapeno hot sauce
- Pinch of salt

Grilled Butterflied Duck with Glaze

- 6-lb duck
- 1 tsp kosher salt
- 1/2 tsp coarsely ground black pepper
- Pinch of cayenne pepper
- Olive oil
- Spicy watermelon glaze

The glaze can be used warm or cooled. It can be refrigerated in a tightly sealed jar for up to 2 days.

2. Heat one side of a grill to medium and the other side to low. During cooking, if you get flaring from the duck fat, you may need to turn off the low side completely.

3. Use paper towels to pat dry the duck. Using poultry or kitchen shears, cut along each side of the duck's backbone and remove it. Turn the duck breast-side up. Open the 2 sides of the duck as if you were opening a book, and lay it flat. Break the breast bone by firmly applying pressure and pressing down. Tuck the wing tips under the upper wing and place on a sheet pan. Set aside.

4. In bowl, mix salt, pepper and cayenne. Brush the duck all over with olive oil. Season lightly on both sides with the spice rub. Place the duck skin-side up directly on the grill grates on the cooler side of the grill. Grill for about 2 hours.

Grilled Butterflied Duck with Spicy Watermelon Glaze



This recipe serves four. MATTHEW MEAD/ THE ASSOCIATED PRESS

5. After 2 hours, brush the glaze on the duck. Continue grilling for another 20 to 30 minutes, brushing with the glaze 2 more times during the final grilling time. Grill until the juices run clear and the

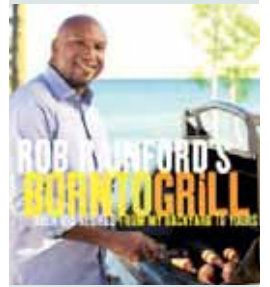
thigh registers 190 F.

6. Remove the duck from the grill and brush with glaze one last time. Let the duck rest for 10 minutes. Cut the duck into halves or quarters and serve.

THE ASSOCIATED PRESS/ ELIZABETH KARMEL, GRILLING AND SOUTHERN FOODS EXPERT & EXECUTIVE CHEF AT HILL COUNTRY BARBECUE MARKET RESTAURANTS, IN NEW YORK & WASHINGTON AS WELL AS HILL COUNTRY CHICKEN IN NEW YORK

Book of the week

Grillmaster lesson



In *Born to Grill*, Rob Rainford brings barbecue prowess to more than 100 recipes and 20 complete menus from around the world. The book is designed for hosting family and friends around your backyard barbecue.

While there are plenty of great grill classics (with a Rainford twist), he pushes barbecue boundaries with some true grilling originals and expert techniques, like cold smoking. As a result, readers get recipes that move beyond burgers and steaks. Among them are: Rotisserie Butter-and-Sage Cornish Hen, Portobello Mushroom Napoleons, Spanish Paella with Grilled Seafood, Egyptian Lamb Koftas and more. **METRO**

Fresh take. Short Rib Sliders and Snow Pea Slaw

Ingredients

Slaw:

- 1 cup snow peas, in strips
- 1/2 cup grated carrot
- 1 tbsp chopped fresh mint
- 1/4 cup raisins, chopped
- 1 tbsp cider vinegar
- Salt and ground black pepper

Short ribs:

- 1 tbsp brown sugar
- 1/2 tsp each salt & black pepper
- Pinch cayenne pepper
- Pinch allspice
- 1/2 tsp dried thyme
- 1 lb boneless short ribs, cut into 6 pieces
- 6 small buns

1. Heat grill to high. Then, to make slaw, in bowl combine snow peas, carrot, mint, raisins and vinegar. Toss well, season with salt and pepper, set aside.

2. Using oil-soaked paper towel held with tongs, oil grill grates.

3. In bowl, combine brown

sugar, salt, pepper, cayenne, allspice and thyme. Rub mix onto all sides of short ribs. Grill on medium 4 minutes per side. Transfer the meat to a plate and allow to rest for 6 to 8 minutes.

4. To serve, pile slaw onto each bun, then top with a piece of short rib.

THE ASSOCIATED PRESS

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Style your home after Thompson Hotel



Accents of orange pop off crisp white and espresso neutrals at Toronto's Thompson Hotel. THOMPSON.COM

Hotel chic. Pops of colour and organic lines make comfortable style



DESIGN CENTRE
Karl Lohnes
home@metronews.ca

The Thompson Toronto is Thompson Hotel's first international property outside the United States and opened two years ago in the King West Village, connected to the entertainment and financial areas, and walking distance to the Toronto island airport.

Designed with signature crisp lines by New York design firm Studio Gaia, the hotel's

102 guest rooms feature classic dark wood floors, cool white walls, organic and mid-century modern furnishings along with bright pops of fashionable orange. The look has now become synonymous with chic condo buildings around the country's largest city.

The rooms are crisp, modern and resemble oversized condo living with large win-

dows boasting city views.

Lifestyle amenities include a rooftop lounge and pool area — the first of its kind in Toronto. Recreating the Thompson look is easy. Keep it clean-lined with neutral tones while adding a pop of colour such as orange, purple or turquoise. Here are a few affordable 'Thompsonesque' products to help you get this look in your own abode.



Super-charged with colour and easy-to-care-for bedding adds style for less. Karit blanket and pillow cover, \$50, Ikea.ca



Useful yet trendsetting in orange makes for the perfect lamp. Carpenter Lamp, \$80, CB2.com



Industrial legs with natural bone top gives a high-end contemporary look. Bone Side Table, \$239, WestElm.com



Modern, chunky designs add a timeless feel with natural wood. Ronan Two Drawer Nightstand, \$380, CrateAndBarrel.com

Etiquette

Dealing with stinky summer feet

With summer here, I loathe to wear socks. How can I wear my shoes without socks, and how can I keep my shoes — and feet — from smelling?

Also, is there an etiquette when it comes to going sock-less when you visit a friend's place? Should you remove your shoes? Sincerely, Michael J.



CHARLES THE BUTLER
askcharlesthebutler@metronews.ca
For more, visit charlesmacpherson.com

First, let's make sure you are wearing the right shoes! If you are going to go "sock-less" than traditionally you would never do so in laced shoes.

Usually the shoe that is used is a "loafer" style shoe. Now remember this is a casual style of dressing and is most appropriate socially. You should never go to work

or out for a business dinner dressed without socks, it is just too casual a dress attire.

Now the problem with feet no matter who you are is that they naturally perspire (sweat), thus leather or plastic shoes combined with sweat generally smells. So what to do?

First to state the obvious, clean fresh-washed feet are

an important must. Secondly, let your shoes air dry with a dash of baby powder or talcum powder to absorb the moisture and help remove it.

Now the etiquette of when to wear shoes "sock-less" is also important. If you know you are going to go to someone's home and be asked to remove your shoes, then never go "sock-

less" as it is rude to walk around their home in your bare feet, even if you have clean feet.

If you arrive somewhere unexpectedly, and must remove your shoes, then always ask for a pair of slippers.

Now go enjoy the summer in your bare feet on a beach somewhere!

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SPORTS

Golf

Two-way tie at men's amateur

Sean Stuart of Ashburn and Mathieu Gingras of Moncton, N.B., are tied atop the leaderboard after the first round of the Nova Scotia Golf Association men's amateur championship in Baddeck. Stuart carded six birdies and three bogies and Gingras fired four birdies and a bogey as both finished 3-under 69. Action at the four-day tournament resumes Thursday.

THE CANADIAN PRESS

NHL

Carle going back to Tampa Bay

Free agent defenceman Matt Carle signed a six-year contract with the Tampa Bay Lightning on Wednesday. Carle had four goals and 34 assists while averaging 23:01 minutes per game last season with the Philadelphia Flyers. He led Philly in blocked shots with 164. It's a return to Tampa Bay for Carle, who was traded to the Lightning by San Jose exactly four years ago to the day.

THE CANADIAN PRESS

On the web



Spain's second-straight European championship win only solidified its spot atop the FIFA world rankings, as expected. But a surge in points from other European teams has pushed some traditional powerhouses from around the world down the ranks. Scan the code for the story.

Federer back in familiar spot at Wimbledon

Roger Federer at Wimbledon on Wednesday. CLIVE ROSE/GETTY IMAGES

After curling in a 102-mph ace to grab a two-set lead a mere 56 minutes into his Wimbledon quarter-final Wednesday, Roger Federer casually pulled an extra tennis ball from his pocket and strolled to sit in his changeover chair for a sip to drink.

No fist pump. No yell of excitement. No energized jog to the sideline.

There still was work to be done; nothing to be taken for granted. Motivated by the bitter memory of quarter-final losses at the All England Club

Alive in England

No. 4 seed Andy Murray of Scotland smacked his 18th ace on match point to finish off No. 7 David Ferrer of Spain 6-7 (5), 7-6 (6), 6-4, 7-6 (4) Wednesday, setting up a tilt with Jo-Wilfried Tsonga on Friday in the semifinals.

the past two years, the six-time Wimbledon champion Federer bullied 26th-seeded Mikhail Youzhny of Russia 6-1, 6-2, 6-2

to reach his record 32nd career Grand Slam semifinal.

"Feels great being back in the semis.... Haven't been here in the last couple years," the third-seeded Federer said. "So this is nice, to be back to a place where I've been so many times before."

He'll face a familiar foe Friday: No. 1 Novak Djokovic, the defending champion, who didn't have too much trouble while beating No. 31 Florian Mayer of Germany 6-4, 6-1, 6-4 in the quarter-finals.

THE ASSOCIATED PRESS

Destination Minnesota**NHL. 'Great day in the history' of Wild as Parise, Suter announce free-agency decisions**

The Minnesota Wild were a starless team in need of a big-time jolt to get the franchise back to the point of being worthy of playing in "the State of Hockey."

The jolts don't come any bigger than this.

The Wild landed not one but both of the NHL's top prizes in free agency, signing forward Zach Parise and defenceman Ryan Suter on Wednesday. Each deal is for 13 years and \$98 million, according to three people familiar with the contracts who spoke to The Associated Press on condition of anonymity because the team did not release details.

"WE GOT 'EM!" the Wild announced on their Twitter account early Wednesday afternoon, sending shockwaves across the league and through a devoted fan base that was starting to show signs of apathy after missing the playoffs for a fourth straight season.

Parise, the former New Jersey Devils playmaker, and Suter, who paired with Shea



Ryan Suter and Zach Parise celebrate a Team USA goal at the Winter Olympics in Vancouver in February 2010.

HARRY HOW/GETTY IMAGES

Weber on the Nashville blue line, were regarded the cream of what was a thin free agent crop, and each had spent the past four days poring over numerous offers from several teams before making a decision.

"This is a great day in the history of the Minnesota Wild,"

GM Chuck Fletcher said in a conference call.

Maybe THE greatest. The Wild have had a relatively nondescript existence aside from one stirring run to the Western Conference finals in their second season.

Parise knows the history

well, having grown up in the Twin Cities. So he recruited his friend Suter to come help out the hometown team.

"We kept in touch throughout this whole thing and we decided that we thought for both of us that the best fit would be Minnesota," Parise said in a

Quoted

"I don't think you ever go in assuming you're going to land both of them. We shot for the moon, and we tried our best."

Chuck Fletcher, Minnesota Wild GM.

conference call. "We're excited that it worked out and we get a chance to play with each other."

One person said that even the breakdown of the contracts is exactly the same, with both players getting \$12 million in each of the first two years. The deals then go down in value, with each player making \$1 million in both 2023-24 and 2024-25.

And it's a relative homecoming for Suter, who is from Wisconsin, as well.

"It came down to where I felt my family would like to live," Suter said. "My wife's from Bloomington, Minnesota. That had a lot to do with it. Minnesota has a lot of good young players that I think will help make this team successful." THE ASSOCIATED PRESS

NBA. Raptors, Knicks spurned as Nash free agency saga takes Hollywood turn

Steve Nash. GETTY IMAGES FILE

And in the end, it was neither the Knicks nor the Raptors who won the Steve Nash sweepstakes.

The 38-year-old point guard's agent says the two-time NBA MVP is going to the Los Angeles Lakers in a sign-and-trade deal with their bitter rivals the Phoenix Suns. If that's how it turns out — and no deals can be signed until July 11 — it will end one of the more drawn out free agency sagas of the past few years and one in which the Raptors were firmly involved in until eventually being rebuffed.

Bill Duffy says his client agreed to a three-year, \$27 million US contract. In return, the Suns get four draft picks — first rounders in 2013 and 2015 and second rounders in 2013 and 2014.

It will be a huge blow to the New York Knicks, who were seemingly close to adding Nash in the middle of the day, and to the Raptors, who took their best shot at signing the most significant free agent from another team in franchise history.

TORSTAR NEWS SERVICE/
THE ASSOCIATED PRESS

MLB

Jays' Villanueva shuts down Royals

Carlos Villanueva pitched six shutout innings and Yunel Escobar drove in two runs as the Toronto Blue Jays defeated the Kansas City Royals 4-1 on Wednesday.

Rajai Davis had a triple and a sacrifice fly, while Kelly Johnson also had a sacrifice fly as the Blue Jays won their second straight over the Royals.

Villanueva (3-0) held the Royals to four hits and no walks while striking out seven in his second start since coming out of the bullpen to bolster an injury depleted

Carlos Villanueva.
THE CANADIAN PRESS

starting rotation.

Casey Janssen pitched the ninth inning for his 11th save and second in the past two games for Toronto (42-40).

Luis Mendoza (3-5) allowed nine hits, one walk and three runs while setting a career high of nine strikeouts over six innings for the Royals.

THE CANADIAN PRESS



Former Mooseheads captain Travis Randell is headed to Acadia in the fall. RYAN TAPLIN/METRO FILE

Another ex-Moose captain joins Acadia

QMJHL. Versatile Randell might 'surprise' in the university ranks, says new coach



MATTHEW WUEST
matthew.wuest@metronews.ca

Travis Randell's name will soon be added to the growing list of former Halifax Mooseheads captains who have played for the Acadia Axemen.

The 21-year-old forward, who wore the C for Halifax during the 2010-11 season, has been recruited to play at the Wolfville university and, pending academic approval, will become the fifth former Mooseheads captain to suit up at Acadia.

Head coach Darren Burns coveted Randell's character and leadership after watching him over five years in Halifax, during which he appeared in 316 career games, second on the

Quoted

"The Mooseheads have a program that is very high-profile, and that's why I think a lot of those guys like coming here. We're not going to draw what the Mooseheads are going to draw, but on the CIS level, (Acadia) is parallel.... Guys are here.... Every kid in town knows who they are." Acadia head coach Darren Burns

Mooseheads' all-time list and tied for 56th in QMJHL history.

"It's great — the Mooseheads are one of the best organizations in the CHL," Burns said. "The team had such a great resurgence this year, so we're excited. He was a great leader for them and I've heard great things about him."

Graham Bona, who captained the Herd in 2008-09, is entering his fourth season with the Axemen, while Robbie Sutherland (2002 to 2006), Brandon Benedict (2003 to 2007) and Todd Row (1998 to 2002) are Acadia graduates.

Randell, whose career-ending streak of 222 consecutive games ranks 13th in QMJHL

history, finished his Mooseheads career with 118 points, including 45 goals.

The native of Twillingate, N.L., was used as a key penalty-killer and also logged time on the Mooseheads' blue line.

"His versatility is something that I really like," Burns said. "The ability to play defence is huge for us.... Not many people can do that. It's tough to do. I think he's going to surprise a lot of people in the AUS because he's going to be a very valuable player."

The Axemen finished fifth among eight teams in Atlantic University Sport last season but are expected to improve. They last were champions in 2006.

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Miscellaneous

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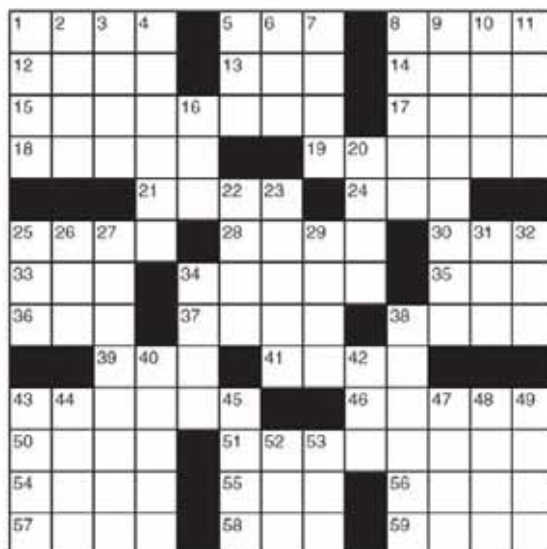
Across

- 1 Curved lines
- 5 Foundation
- 8 Dame Myra at the piano
- 12 Basketball hardware
- 13 Candle tally
- 14 European capital
- 15 Alienate
- 17 On
- 18 Small plateaus
- 19 Entitlements
- 21 Capri, e.g.
- 24 Turn blue?
- 25 Existed
- 28 Tennis legend Arthur
- 30 Danson or Koppel
- 33 Type measures
- 34 Sen. Kefauver
- 35 George's brother
- 36 Eccentric
- 37 Teeny bit
- 38 Con game
- 39 Scull prop
- 41 Heap
- 43 Revolutionary War traitor
- 46 Goof-up
- 50 Poker holding
- 51 Rough calculation
- 54 Expectorated
- 55 Shelter
- 56 "Ars Amatoria" poet
- 57 Sicilian spouter

- 58 Actress Thompson
- 59 Capone adversary

Down

- 1 Attention-getting sound
- 2 Kennedy matriarch
- 3 Barracks array
- 4 Ankle woe
- 5 Prohibition
- 6 Heckler's missile
- 7 Antelope's playmate
- 8 Songwriter Carmichael
- 9 Appreciative of beauty (Var.)
- 10 Coin aperture
- 11 Bribes
- 16 Fool
- 20 Mid-month date
- 22 Ultimate
- 23 Bar legally
- 25 Stein or Stiller
- 26 Ostrich's kin
- 27 Tallinn dweller
- 29 Half (Pref.)
- 31 Mound stat
- 32 Flow blocker
- 34 Count counterpart
- 38 Preacher's speech
- 40 Heart line?
- 42 Luau souvenir



- 43 Basilica section
- 44 Engrossed
- 45 Farmer's place
- 47 Big dance party

- 48 He gave us a lift
- 49 Ohio nine
- 52 Witness
- 53 Mad Hatter's quaff



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Crossword



Cryptoquip

How to play

This is a substitution cipher where one letter stands for another. Eg: If X equals O, it will equal O throughout the puzzle.

SFA RHJ EWUNWDW MGFM
FSMHQ OFSV OJKM WCBUHRWP
F UNDW-NA GHJKVWVWBWQ
MH EW GNK UWCCHA FNPW?
Yesterday's Cryptoquip: IF YOU ARE SHREDDING PAPERS IN A CRAZY FRENZY, SOME PEOPLE MIGHT CLAIM YOU'RE ON A TEAR.
Today's Cryptoquip Clue: M equals T



For today's crossword answers and for expanded horoscopes, go to metronews.ca

Yesterday's Sudoku

6	3	5	9	7	2	8	4	1
9	4	7	1	6	8	2	3	5
8	2	1	5	4	3	6	9	7
7	9	4	3	2	5	1	8	6
5	8	2	6	1	9	4	7	3
3	1	6	4	8	7	5	2	9
2	6	8	7	3	1	9	5	4
1	7	9	8	5	4	3	6	2
4	5	3	2	9	6	7	1	8

Horoscope

♈ Aries | March 21 - April 20.

You will get what you want just when you want it today and will overcome your rivals with ease.

♉ Taurus | April 21 - May 21. Be clear in your mind what needs to be done and do it now, this very moment — not at some ill-defined date in the future.

♊ Gemini | May 22 - June 20. Before you go sticking your nose in other people's business today you would do well to remember that the most productive changes you can make are to your own affairs.

♋ Cancer | June 21 - July 22.

You are determined to prove you have what it takes but don't go too far and risk turning people against you

♌ Leo | July 23 - Aug. 22. If there are things in your life that you want

to improve, now is the time to identify them and prepare yourself for the changes you will have to make.

♍ Virgo | Aug. 23 - Sept. 22. Because you are a creature of habit you don't like to rock the boat, but the planets are now urging you to try something different, even if it means turning others against you

♎ Libra | Sept. 23 - Oct. 22.

If you see something you desire today you must seize it for yourself before your rivals beat you to it.

♏ Scorpio | Oct. 23 - Nov. 21.

Try not to feel too hard done by if an authority figure forces you to change what you are doing today because in the long-term you will benefit in ways you cannot yet see

♐ Sagittarius | Nov. 22 - Dec. 21.

This will be one of those days when everything goes right without

much of an effort but that is not an excuse to sit back and do nothing

♑ Capricorn | Dec. 22 - Jan 20.

Take upheavals in your stride today and refuse to get annoyed when things don't work out the way you expected.

♒ Aquarius | Jan. 21 - Feb 18.

You will have to let a friend or colleague down today and it may not do your relationship a lot of good

♓ Pisces | Feb. 19 - March 20.

Ignore what everyone else is doing and do only what feels right to you. Come the weekend it will be apparent that you were right and they were wrong but try not to gloat about it — too much.

SALLY BROMPTON

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